

Health and Safety Policy

Bury Lake Young Mariners



1 Policy Statement

It must be recognised that sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in a course with BLYM you agree and acknowledge that:

You are aware of the inherent element of risk involved in the sport and you accept responsibility for exposing yourself to such inherent risk whilst taking part.

- a) You will comply at all times with the instructions of the Instructor particularly with regard to handling of boats, wearing of buoyancy aids and the wearing of suitable clothing for the conditions.
- b) You accept responsibility for any injury, damage or loss to the extent caused by your own negligence.
- c) You will not participate in the course whilst your ability to participate is impaired by alcohol, drugs or whilst otherwise unfit to participate.

Bury Lake Young Mariners is committed to managing safety by:

- Providing adequate control of the health and safety risks arising from our activities
- Consulting with our volunteers /members /participants on matters affecting their health and safety
- Providing and maintaining safe equipment
- Ensuring safe handling and use of substances
- Providing information, instruction and supervision for volunteers/members/participants
- Ensuring all volunteers are competent to do their tasks, and giving them adequate training
- Preventing accidents and ill health
- Maintaining safe and healthy conditions
- Reviewing and revising this policy as necessary at regular intervals

The Operations Manual sets out to provide guidelines and procedures to ensure the safety of everyone who uses BLYM. It sits alongside BLYM's risk assessments, which are formally reviewed annually. It applies both to onsite and offsite activity.

Breaches of this Operations Manual threaten the safety of participants, and will be addressed through the disciplinary policy.

Bury Lake Young Mariners

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