



Bury Lake Young Mariners

BLYM Rickmansworth Aquadrome

☎ 01923 772 015 ✉ info@blym.org.uk 🌐 www.blym.org.uk



SUP Hire Joining Instructions

Thank you for booking our SUP Hire option at BLYM. Please arrive no more than 10 minutes before your session. We will meet in the BLYM sailing base, please ask for one of our SUP instructor team on arrival.

Our clubhouse is at Rickmansworth Aquadrome (satnav postcode WD3 1NB) and you should park in the free main Aquadrome Car Park. (The carpark can be very busy at weekends, allow extra time)

Here is a summary of personal items you should bring:

- Proof of previous Paddleboarding experience or SUP Qualification
- British Canoeing Start Award or Higher, BSUPA Ready to Ride or Born to Ride Certificate
- Wetsuits can be hired on the day for £2.00 (cash).
- Wet Suit or clothing to get wet, leggings, base layers or shorts are ideal.
- Water shoes or trainers, these must be closed toe (sandals/flip flops/crocs are not suitable)
- A towel & change of clothes to wear home.
- Drink, sun cream, sun hat or raincoat (depending on weather)
- Emergency medication, i.e. Asthma Inhaler, Epinephrine Auto-Injectors

We provide buoyancy aids and these must be worn whenever you are afloat. If you have your own, you can use it provided it meets the current CE standard.

You may use your own paddleboard but it must be fitted with a safety leash. Our SUP Instructors may refuse use of your own board if they consider it unsafe or not fit for purpose.

Hire sessions are NOT instructed sessions. A safety craft is provided, but you are required to be suitably experienced and qualified to self-rescue. You should be suitably clothed for the conditions and not paddle alone. Under 14 years olds on a hire Session must be accompanied on the water by a competent adult. Remember to drop to your knees near other craft and the bank to avoid head injuries.

BLYM, British Canoeing, BSUPA & their instructors reserve the right to remove anyone from a session without refund or warning if their behaviour or skill set does or could cause risk to themselves or anyone else's health or equipment.

Please let us know if you are going to be late, or if you unexpectedly must miss the course, by telephoning BLYM on the day on 07958 248367.

We are really looking forward to welcoming you to BLYM, and we hope that you have an enjoyable time.

Yours sincerely,

BLYM Course Administrator
Email courses@blym.org.uk

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Bury Lake Young Mariners



Bury Lake Young Mariners
Registered Charity: 1102162 ~
Registered Company: 4389344
Registered Address: PO BOX 2467, Watford, WD18 1XJ



Frequently asked questions

What if it's windy or raining on the day?

We can run in all conditions except lightening and high winds. If we have to cancel we will contact you to rearrange your booked session.

Can I paddle my own SUP/Canoe/Kayak on Bury Lake?

Local bylaws forbid swimming and the use of unregistered personal watercraft on Bury Lake. To use your own SUP, Canoe or Kayak on Bury lake you must be attending a BLYM course or a member of Nomads Canoe Club. You can use your own Paddleboard on a BLYM course providing the instructor considers the board safe & fit for use.

Does BLYM offer Kayaking & Canoeing?

Kayaking & Canoeing coaching is offered by our partner organisation www.canoesportstrust.org.uk.

What sort of organisation is BLYM?

We are a voluntary charity dedicated to the development of young people through watersports. All the people who help to run BLYM are volunteers who give generously of their time. The organisation is entirely self-funding. BLYM has three essential components: an RYA Training Centre, which delivers our sailing course programme, a British Canoeing Training Centre that delivers Stand Up Paddle Boarding and a Sailing Club providing an activity programme for members.

What does BLYM offer?

BLYM has a fleet of sailing boats for members to use and runs sailing courses during the year.

Why do I need to be a member?

For insurance all participants need to join as a member. We offer annual membership to families and individual adults, temporary membership for those taking our courses, and daily membership for occasional guests of full members. Full members may bring guests for up to three visits; temporary members may not bring guests.

We also offer group membership for schools, Scout and Guide groups, and other youth organisations. Everyone taken part in water activities at BLYM needs to be covered by one of these forms of membership.

Am I insured?

BLYM has third party liability insurance for the club and its officers, and the boats and equipment are covered for loss or damage. BLYM does not (and cannot) provide insurance cover for personal accident and property, this must be taken out by the individual if required.

Our insurance company requires us to draw to your attention the following statement: *"BLYM officers, RYA Instructors, RYA Senior Instructors and RYA Coaches, BSUPA Instructors, British Canoeing Instructors do not accept responsibility for any loss, damage or injury suffered by person and/or their property arising out of and during the course of their activities whilst supervising and/or training and/or coaching and/or instructing unless such injury, loss or damage was caused by or resulted from negligence or deliberate act."*

And if I have other questions?

Contact details for the club officers can be found at www.blym.org.uk > Contacts. The club house can be contacted on 01923 772015.

Conditions & General Information



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Those taking courses at BLYM will be either a full family or personal member or temporary member for the duration of the SUP activity.

BLYM is a voluntary organisation with charitable status. We are dedicated to the development of young people through the medium of watersports. Over 3,500 young people make use of our facilities each year, as well as many adults who share our aims and ambitions.

BLYM registration terms

Throughout this document, BLYM, Bury Lake Young Mariners, the Club and the Training Centre shall all refer to Bury Lake Young Mariners (Registered Charity no 1102162)

ACKNOWLEDGEMENT OF RISK

It must be recognised that Sailing, Canoeing, Rafting, Kayaking & Paddle Boarding are by their nature unpredictable sports and therefore inherently involves an element of risk. By taking part in a course with BLYM you agree and acknowledge that: (i) You are aware of the inherent element of risk involved in the sport and you accept responsibility for exposing yourself to such inherent risk whilst taking part; (ii) You will comply at all times with the instructions of the Instructor particularly with regard to handling of boats, wearing of buoyancy aids and the wearing of suitable clothing for the conditions; (iii) You accept responsibility for any injury, damage or loss to the extent caused by your own negligence; (iv) You will not participate in the course whilst your ability to participate is impaired by alcohol, drugs or whilst otherwise unfit to participate;

CANCELLATION

In the unlikely event that BLYM cancels a course for operational reasons all payments will be refunded unless alternative dates offered by BLYM to you are acceptable. If a participant cancels a booking 4 weeks or more before the start date their payment will be returned with a deduction of £10.00 to cover administration costs. Alternatively, if there is capacity, a participant can request for a booking to be transferred to a later date at no extra cost. If a participant has to cancel a course within the four weeks prior to the start of the course BLYM will endeavour to fill the place and offer a refund less the administration cost of £10.00. However, if BLYM are not able to fill the cancelled place within seven days of the start date of the course then no refund can be offered. There is no entitlement to a refund once a course or period of membership has commenced. Any requests for refunds must be in writing (or e-mail) to the Course Administrator. BLYM monitors the weather conditions constantly throughout the day. Should the weather conditions become unsuitable for some activities then it may be necessary to alter the planned programme to remain safe and interesting. In such cases, we will sign off as much of the course as possible in your logbook and will offer future dates for you to return to complete your course. Additional days will be charged as taken.

MISCONDUCT

You understand that the Senior Instructor of the day may exclude anyone from a particular session and evict anyone from the premises who refuses to comply with these Registration Terms or who misconducts themselves in any way or who causes damage or annoyance to other persons.

DATA PROTECTION

The information given by you on this form will be used by us to process your registration and for attending to you whilst you are at BLYM. We shall also include your name and address on our mailing list. If you do not want to receive our newsletters and details of our promotions please tick the appropriate box on the booking form.

PHOTOGRAPHY

BLYM may take photographs and video footage of those taking part in any BLYM activity and may use and/or store this media for coaching and /or promotional purposes.

INSURANCE

Our Insurance Company has asked us to make you aware of the following: "BSUPA, British Canoeing, RYA, NSSA Instructors, NSSA Sailing Masters, RYA Senior Instructors or RYA Coaches do not accept responsibility for any loss, damage or injury suffered by persons and/or their property arising out of or during the course of their activities whilst training and/or coaching and/or instructing unless such injury loss or damage was caused by, or resulted from negligence or a deliberate act." Participants please note that BLYM does not provide insurance cover for personal accident, nor for loss or damage to personal property.

